

Join us for Thrive Days!

Thrive Youth is a Canadian charity that empowers underserved youth to become leaders through creative, arts-based programs. We help young people facing barriers and adversity build confidence and resilience. By combining experiential learning with the arts, we foster a sense of belonging and encourage them to embrace challenges and make a positive impact.

What are Thrive Days?

Thrive Days bring corporate teams into schools alongside the Thrive team to make a meaningful impact on young lives. Partnering with local artists, Thrive delivers a full day of interactive leadership development programming that engages and inspires students through creativity, teamwork, and mentorship.

Why Volunteer?

Volunteers are the heart and soul of Thrive Days. They bring energy, dedication, and compassion, transforming each event into a powerful experience for all involved. By donating your time and talents, volunteers set the stage for meaningful community engagement, ensuring that children gain access to high-quality arts and leadership development opportunities.

Volunteer Roles and Responsibilities

- Greeting children as they enter or exit programming areas.
- Participating in ice breaker activities to help keep up the energy in the room.
- Supporting Thrive facilitators or artist educators where needed.
- Encouraging children to participate.
- Complimenting the works created by participants and being a cheerleader for them.
- Helping to hand out snacks or supplies to students when needed.
- Supporting classroom management where needed by the Thrive facilitator.

How to Prepare for a Thrive Day

- Wear comfortable clothing you don't mind getting dirty or paint-stained.
- Close-toed shoes will help ensure that you're able to move and groove all day!
- Bring a water bottle to stay hydrated.
- Read your volunteer handbook ahead of time and make sure you're able to attend a pre-event orientation.
- Bring enthusiasm and a willingness to learn.

Thrive Days typically take place from **8am to 3pm**. Half-day and full-day volunteer options are available.

Volunteering at Thrive Days allows you to make a real difference in the lives of children and youth while they develop valuable leadership skills and networking with professionals. Collaborating with artists and educators enhances the experience, creating a fun and rewarding opportunity to give back to the community and gain personal satisfaction from helping others.